

Youth Net/Réseau Ado: Clinical Back-up Consultation Guidelines

Clinical Back-up ensures that a safety net is in place to support the youth involved in Youth Advisory Committee in addition to support for the team of facilitators who co-lead these groups.

Guide lines:

Clinical Back-up (CBU) can be provided by:

- Youth Net/Réseau Ado (YN/RA) social worker
- CHEO social worker/ after-hours on-call social worker
- Crisis Intervention Workers in CHEO Emergency Department
- CHEO psychiatrist
- CHEO psychologist
- Community-based clinician

Facilitators/coordinators can consult Clinical-Back up in the following instances:

- Youth in crisis (suicidal/homicidal ideation, reports of abuse, etc.)
- Unsure how to handle a particular situation that presents itself in the group
- Need to debrief following a particularly difficult situation
- To report an incident/injury

When responding to a call for CBU:

- Obtain relevant information from facilitator re. the level of risk and presenting issues
- Ask if youth is willing to speak to CBU – if not, may ask questions via facilitator for further clarification (if youth is present)
- Provide recommendations to the facilitator/youth for the resolution of crisis. This can include the following:
 - *If youth is not at immediate risk:*
 - Follow-up with resources currently in place
 - Referral to appropriate resources in the community
 - Referral to YN/RA social worker if no resources are readily available
 - *If youth is at immediate risk:*
 - Referral to the Emergency Department if there is acute risk for suicide/homicide (current & specific plan/intent, access to means, inability to contract for safety, etc.). Help coordinate details with facilitator re. the following:
 - Transportation options to the hospital
 - Communication with site
 - Communication with parents/guardians as required
 - Involvement of emergency responders as required

- Document the consultation on the Clinical Back-up Recording Form and forward completed form to the YN/RA Social Worker (mipoirier@cheo.on.ca) in a timely manner and YouthNet program coordinator (tlinseman@cheo.on.ca).
- For further inquiries regarding the YN/RA CBU procedure, please contact Michel Poirier at 613-737-7600 x 3914 or via email at: mipoirier@cheo.on.ca

Guidelines in the event the YN social worker is unavailable

Daytime

- Planned absences (vacation, out of town training, etc.)
 - YN's social worker will make arrangements to find a temporary replacement in order to ensure our protocol well supported and maintained. (see contact list)
 - Once finalized, YN's social worker will communicate with the team of coordinators.
 - Please make sure to forward this information (i.e. who is providing coverage + contact info) to any staff you have working during this time period.
 - Please email and update covering social worker (please cc' YN social worker) if there are new activities/change in hours
- Unplanned absences (sick)
 - YN's social worker will inform the Social Work PPL and YN team.
 - Social workers are covered using a pod model
 - YN's primary covering social worker is the Eating Disorders Program Social Worker (EDP)
 - In the event that this person is not available, then coverage would be supported by another pod member (see list of covering social workers for contact info)
 - If there are any complications, please connect with Social Work PPL to determine arrangements

Evening

- Evening programming will be covered by the social worker on-call. This is a roster of rotating social workers, therefore in order to connect, use the following steps:
 1. Using a CHEO phone Dial "0" to be connected with locating
 2. Ask to page the on-call social worker and provide a call back number
 - i. 613.738.3915 if near YN phones
 - ii. Other accessible phone from the site or cell (make sure to be able to respond to the call)
 3. Wait for callback, usually no longer than 15 minutes